AMENDMENTS TO THE SPECIFICATION:

Please amend page 4, paragraph [0016] as follows:

[0027] The FIG. 1 exemplary method 116 can include an optional preparing step 118. In the illustrated example, sheet portions 120a and 120b can be folded to prepare a sheet 118 (for example, to prepare a folded edge). The sheet 118 can optionally be perforated or scored along a line prior to folding. The FIG. 2 exemplary method 200 can include optionally preparing 218 the contacting surface. In the illustrated example, a sheet 220 is folded to prepare the contacting surface 210 (for example, to prepare the folded edge). The sheet 220, can optionally be perforated or scored along line 222 prior to folding. In FIG. 3, the exemplary method 300 can include optionally preparing 322 the contacting surface prior to applying the adhesive by any suitable method.